

## Participant Dietary Restrictions

(complete this form ONLY if your child has dietary restrictions)

At Dunes Learning Center, we strive to accommodate special dietary needs to the greatest extent possible. **Please list dietary needs or restrictions on the permission slip and on this form.** Include food allergies, reactions to food and the appropriate treatment used. Also list any vegetarian requirements, religious restrictions, etc.

If the restriction is for a medical reason, please be very specific in describing the extent of the restriction. For example, if the participant is allergic to eggs, is it just eggs as a dish (such as scrambled eggs) or does it include casseroles, breads, cakes, etc. that include eggs in the recipe? If the participant takes medication for the food allergy, can the food be eaten as long as the medication is taken? The more information we have, the better we can meet your needs.

Food is ordered seven days in advance of your child's visit to the Environmental Education Center. In order to accommodate your needs, **WE MUST RECEIVE THIS FORM AT LEAST 2 WEEKS BEFORE YOUR ARRIVAL DATE.** Please also note any restrictions on the health form that is returned to the teacher.

If you have concerns about your child's diet, please feel free to discuss the situation with the Dunes Learning Center's food service department at 219 395-9555, ext. 9.

**Please send this form directly to the Dunes Learning Center.**

You can fold, tape and place a postage stamp on the form and mail, fax, or e-mail it to [rsawaya@duneslearningcenter.org](mailto:rsawaya@duneslearningcenter.org) (as soon as possible).

**WE MUST RECEIVE THIS FORM AT LEAST 2 WEEKS BEFORE YOUR ARRIVAL DATE**

*(If your child does not have any dietary restrictions, you may ignore this form. If we do not hear from you, we will assume there are none.)*

Student Name:

School:

Dates Attending the Dunes Learning Center: \_\_\_\_\_

**Please check this box if you would like to be contacted by our executive chef.**

Parent or Guardian Name:

Parent or Guardian day time phone: \_\_\_\_\_ Evening phone: \_\_\_\_\_

Parent or Guardian email: \_\_\_\_\_

**Please list dietary restrictions here:**

### Dunes Learning Center

700 Howe Rd., Chesterton, IN 46304

Phone: (219) 395-9555 ext. 9 Fax: (219) 395-8160

Email: [rsawaya@duneslearningcenter.org](mailto:rsawaya@duneslearningcenter.org)

----- Fold Here -----

Place  
Stamp  
Here

ATTN: FOOD SERVICE

**DUNES LEARNING CENTER**  
700 Howe Rd.  
Chesterton, IN 46304

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